AMBER KARNES

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Packing List

Valley of Fire 2026

1 night in a hotel
2 nights and 3 days at camp

Gear you must bring

- ☐ Headlamp (fully charged when you arrive or bring extra batteries)
- ☐ Daypack (20L to 30L)
- ☐ Camp pillow
- ☐ Mess kit - plate, bowl, fork, spoon, mug for hot drinks
- ☐ Water bottles or camelbak - enough to carry 3L with you
- ☐ Anything you are not renting from us (sleeping bag/pad/tent)

Clothing

- ☐ Long hiking pants (1-2 pair)
- ☐ Shorts (1)
- ☐ Short sleeve shirt or tank tops (1-2)
- ☐ Sun shirt (1)
- ☐ Top and bottom base layer (for sleeping or after the sun goes down)
- ☐ Extra layer - hoodie or jacket (1)
- ☐ Underwear (3-4)
- ☐ Hiking socks (2-3, we recommend wool)
- ☐ Camp shoes (slip on sandals, flip flops, comfy shoes to wear at camp)
- ☐ Hiking boots or shoes (grippy bottoms, non-mesh upper is best)
- ☐ Hats - 1 brim hat, 1 beanie
- ☐ Raincoat or poncho (just in case)
- ☐ Swimsuit & cover up for hotel pool
- ☐ Casual clothes for your time at the hotel and our welcome dinner

Personal items

- [ ] Sunglasses
- [ ] Bandana or buff
- [ ] Portable battery pack
- [ ] Charger cables
- [ ] Earbuds or headphones
- [ ] Sunscreen & lip screen
- [ ] Towel, washcloth, shower shoes - whatever you like for shared shower facilities
- [ ] Personal first aid kit (bandaids, neosporin, Advil, etc.)
- [ ] Toiletries (deodorant, toothbrush, toothpaste, period products, hand sanitizer, soap, shampoo, lotion)
- [ ] Anti-chafing solution
- [ ] Hairbrush, hairties
- [ ] Earplugs
- [ ] Notebook or journal & pen
- [ ] Wet wipes
- [ ] Personal medication
- [ ] Personal snacks you can't live without
- [ ] Electrolyte drink packets

Optional for comfort or fun

- [ ] Sit pad or small cushion to sit on the rocks
- [ ] Yoga mat or beach towel if you want to participate in yoga classes
- [ ] Personal battery-powered fan or cooling towels
- [ ] Book or kindle
- [ ] Cards or small games to share
- [ ] Binoculars
- [ ] Twinkly lights or other fun things for your tent
- [ ] Extra coffee (if you want coffee at times other than breakfast)